

GENERIC DAILY TEXTS

- Let's all Have a Safe Year in XXXX
- Nobody Goes Home Hurt in XXXX
- Safety remains our priority in XXXX
- Drive defensively and watch out for the other guy
- Remember to conduct an after-lunch re-brief
- Keep eyes on path to avoid slips trips and falls
- Let's have a zero-injury day
- Make sure to keep fingers out of pinch points
- Keep a fire extinguisher on hand for hot work
- Safety is everyone's responsibility
- Be sure to re-brief when job conditions change
- Be aware of frostbite in cold weather
- Watch out for slips trips falls on icy ties
- Drink plenty of fluids to avoid heat stress problems
- Be sure to stretch prior to beginning work
- Follow procedure when backing a vehicle
- Be safe one task at a time
- Stay out of moving equipment red zones
- Another cold day, so watch out for frostbite
- Another hot day, so watch out for heat stress
- Plan for a zero-injury day
- Inspect tools before use
- Remember back safety-lift with legs
- Inspect electrical tools and cords before use
- Correct unsafe conditions when seen
- Use tag lines when using a crane to lift and place materials
- Be aware of maul and sledge lines of fire
- Wear gloves to avoid hand injury
- Lifting and back safety-get help when necessary
- Keep job site clean with good housekeeping
- Teamwork is essential to safety
- Wear hearing protection when necessary
- Properly dispose of job site waste
- Assure machine lights and beacons work
- Another cold week ahead-watch out for frostbite
- Another hot week ahead-watch out for heat stress
- Make sure to use the right tool for the job
- Shut off engines when re-fueling
- Drink plenty of fluids, even when it is cold out
- Anticipate and avoid wrench and utility knife slips
- Be sure to avoid overfilling and spills when fueling
- Use three-point contact getting on and off ladders
- Always have a designated safety location
- Assure back up alarms work on all equipment
- Use lock out tag out when necessary
- Always be alert for high voltage wires
- Inspect and repair any mushroomed chisels and sledges

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- Never jump from equipment
- Be alert for trackside obstructions
- Review and know locations of fire extinguishers
- Keep up with good housekeeping, tools and parts put away
- Don't just learn about safety: Act on it.
- Place tools to not cause tripping hazards
- Be sure to review and understand emergency procedures
- Know and follow all safety rules
- Stand aside when cutting tie bands
- Designate a safe location while trains pass
- Know your protection if on the track and needed
- Review equipment red zones with all operators
- Inspect mauls and sledges for cracked handles and replace
- Assure personnel clearance before swinging hammers
- Stay out from under jack suspended track
- Be sure chip protectors are in place
- Always wear approved and appropriate eye protection
- Inspect and ensure that all equipment guards are in place
- Be sure to check behind vehicles before backing
- Be sure to safely cross railroad tracks
- Assure oxygen/acetylene tanks are chained and secure upright
- Inspect to assure truck tires, brakes, and glass are ok
- Practice defensive driving and watch out for the other guy
- Assure that crew understands emergency procedures
- Review locations of first aid kits and identify trained responders
- Immediately wipe up spilled materials
- Stay clear of hammers and picks
- Be sure to conduct daily machine inspections
- Wear gloves suitable for the task
- Be sure pre-shift briefing covers planned activities for the day
- Assure good housekeeping in the crew truck
- Give a warning shout prior to dropping a jack
- If on the track assure pilot provides correct protection
- Inspect and identify job site tripping hazards
- Be sure to use correct posture when lifting
- Keep oil and grease away from torch gear
- Remove ice and snow from machine walkways
- Remember to review planned activities for hazards
- Never step on the rail
- Wear shields when cutting and grinding
- Be alert for movement on adjacent tracks
- Review locations of fire-fighting equipment
- Use proper eye wear for hot work
- Seatbelts are required to be worn in all company vehicles
- Be careful when stepping on wet ties.
- Always expect trains on any track, direction and time
- Review weather conditions and how they may affect the job

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- Always be aware of electrical hazards
- Keep grease and oil away from oxygen/acetylene gear
- Do not remove or bypass a guard or other safety device
- Always test brakes after repair
- Always chain, pin, or block devices to work on them
- Keep stacked materials stable and even
- Use tools only for their designated purpose
- Assure safe use of pry and nip bars to prevent falls
- Be alert for trackside obstructions
- After performing hot work inspect area before leaving
- Remember to coordinate when lifting with a group
- Inspect all striking and struck tools
- Flashback valves are required on torches
- Review location of emergency services
- Wear gloves handling rough edges materials
- Do not carry long tools over your shoulder
- Wear gloves and avoid contact with creosote
- Keep eyes on path to avoid slips trips and falls
- Keep tools in proper working order
- Wear proper eye wear when welding
- Identify and avoid finger and hand pinch points
- Avoid stepping or walking on the rail head
- Be sure to re-brief when job conditions change
- Always expect trains on any track, direction and time
- Know your protection when on the track
- Do not handle power tools by their moving parts
- Assure tool knuckle clearance
- Only one signalman at a time for operator direction
- Be sure to promote safety—every day
- Assure oxygen/acetylene lines have flashback valves
- Double check truck lights to assure they work
- Secure machine from movement at shifts end
- Take a moment to stretch during the day
- Always look both ways before crossing tracks
- Face equipment when getting on and off ladders
- Use three-point contact when getting on and off ladders
- Be sure to use lock out tag out where necessary
- Drive defensively and watch out for the other guy
- Make sure machine guards are always in place
- Include non-crew personnel in briefings when present
- Know how to shut off and lock out energy sources
- Assure good housekeeping on the job site
- Avoid spills and promptly clean them up if they do occur
- Wear proper eye protection when torching or welding
- Inspect welding leads for missing insulation prior to use
- Always conduct a fire watch when cutting rail
- Pay attention to body position with sharp tools

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- Know what steps to take in the event of an emergency
- Locate nearest medical center and review in job briefings
- Keep eyes on path to avoid tripping hazards
- Be familiar with and stay out of equipment red zones
- Be sure to properly secure equipment parked on track
- Observe all traffic regulations when driving
- Be sure all loads are stable and not able to tip or fall
- Before use be sure all cranes and grapples are stabilized
- Do not enter confined spaces without qualified approval
- Know safe load limits for rigging
- Always expect trains any time-direction-track
- Know and follow the cell phone policy
- Assure hand grinders have guards installed
- Know location of personnel before moving equipment
- Have a Happy and Safe Thanksgiving
- Inspect all hand tools before use
- Immediately replace cracked and splintered maul handles
- Inspect cable on hoists and lifts prior to use
- Inspect chains and hooks prior to use
- Wear hearing protection when necessary
- Use handholds, steps and ladders
- Know your protection when on the track
- Do not rely on air/hyd/elec to hold equipment stable
- Assure good ventilation when using temporary heaters
- Wear a respirator when in dusty conditions
- Good job briefings result in good work
- Do not operate equipment until properly trained
- Be sure to check behind vehicles before backing
- Remember back safety-lift with legs
- Inspect to assure truck tires, brakes and glass are OK
- Use three-point contact getting on and off ladders
- Avoid wrench and utility knife slips
- Maintain secure footing when using nip and claw bars
- Protect welding cables and hoses
- Keep a fire extinguisher on hand for hot work
- Properly dispose of job site waste
- Air line connections must have safety wires
- Be sure to avoid overfills and spilling when refueling
- Replace tank caps when gauges are removed
- Assure back up alarms work on all equipment
- Know the location of emergency services
- Have a Happy and Safe Holidays